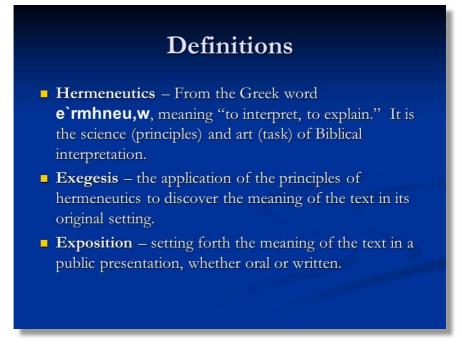
## Is Observing the Sabbath Required?

# (Student Copy)

### Introduction: Read Exodus 20:8–10.



The first mention of man observing the Sabbath isn't until *Exodus 16:23*. While it's true God himself rested (from creating) we learn that in **Genesis 2:3**. God did not rest because he was tired. God rested because he saw that what He created was not only good, but very good.

#### **Content Covered in This Lesson:**

Familiarize yourself with these Scriptural references below:

1. So to \_\_\_\_\_\_ was the Sabbath law given?

Genesis 2:3; Exodus 16:23; Exodus 31:12-17

2. The New Testament Records the Transition from Sabbath to the \_\_\_\_\_\_ for the believers in Christ.

Acts 3:1; (Romans 14:4-6); Colossians 2:16; Matthew 28:1; Mark 16:2; Luke 24:1; John 20:1; Hebrews 10:25.

3. The Lord's Day Is Not a \_\_\_\_\_ Sabbath.

Deuteronomy 5:15; Acts 2:46-47; Matthew 12:5;

John 7:23; Revelation 1:10.

4. We Honor the \_\_\_\_\_\_ of the Lord's Day. Isaiah 29:13 cf.; Matthew 15:8-9; Hebrews 12:28-29;

Psalm 51:15–17.

Matthew 12:8; Gen. 1:5; Heb. 10:24-25; 1 Cor. 16:2.

#### Meditation/Reflection/Application

So, how do we honor the Lord's Day?

1) By \_\_\_\_\_\_ that the Lord's Day begins the previous evening.

2) By \_\_\_\_\_\_ into teaching, fellowship, selfexamination, prayer with other Christians at church.

 By \_\_\_\_\_\_ as God directs and blesses. By making it a day of spiritual refreshment and physical rest

Note the basis of these principles: Gen. 1:5; Heb. 10:24-25; 1 Cor. 16:2.